

Finally a name for playground

The playground on the Columbusstraat was built around 1967, according to a local resident. All these years, the playground has not had a name. The Kerkkackers Kidz Club wanted to change that. The other two playgrounds in our neighborhood have already been named by local residents. The playground on the Dr. Schaepmanstraat is called "t Schaepke" and the playground on the Minister Aalbersestraat is called "t Mollenveldje", named after the former manager.

The Kerkkackers Kidz Club held a competition for all children in the neighbourhood and all children from primary school De Pionier. On Wednesday afternoon, May 29, the children came to the playground with parents right after school with their parents or grandparents for the award ceremony.

Our district alderman Mieke Theus presented the prizes and unveiled the nameplate together with the prize winner. The playground now bears the name: "t Pionierke".



The winner is Michiel Smets, 9 years old. He also knew how to substantiate why he chose this name. He says, it's next to De Pionier primary school, so that fits well. And in a playground, it is always pioneering for a child. Inventing new ways to use the playground. So it's doubly fitting! Also not to forget that the playground is located between streets named after famous pioneers.

The second prize went to: Joshue Zijlmans, 8 years old. He came up with the name: "d'n Grote Boom". The third prize went to the twins Janice and Ivy Stekhuizen, 7 years old. They came up with the name: "Kerk Rakkertjes".

During the ceremony it was just a bit dry, it was a nice meeting between about 60 local residents and participants, a success for our neighborhood! There were also journalists from the Valkenswaard



Weekblad and valkenswaard24.nl for an interview and a photo.



The nameplate was made by an enthusiastic local resident: Elly Damen-Wijnen. She enjoyed doing it so much that she is also going to provide the other playgrounds with a new nameplate. We as a neighborhood committee are very happy with such a neighborhood resident.

If you think, I would also like to contribute to something, please report to our secretariat. There is plenty to do in the neighborhood, we can use all the help we can get. Another nice anecdote: our district alderman Mieke Theus grew up as a child next to the playground, she brought some childhood photos and has fond memories of playing in 't Pionierke. The Kerkkackers Kidz Club organizes an activity for children in the neighborhood 3 to 4 times a year. They are looking for local residents who want to help. Sign up via: kerkackerskidz@hotmail.com or by telefon: 06-42249471.



Voor de Nederlandse versie van deze nieuwsbrief zie onze website: www.wijkcommissiekerkackers.nl

Project “Goede Buren” now 5th year

This is a collaboration between Moestuivereniging De Rijt and Wijkcommissie Kerkakkers. From about the end of July, the gardeners of the vegetable garden association will make their surplus vegetables, fruit and herbs available to all residents in our neighborhood. However, due to the heavy rain and flooding, the gardeners expect less yield.



If there is anything left over, the gardeners put their sustainably grown products at both gates at the **end of July on Saturdays from ± 12:00 noon.**

You will find the locations of the vegetable garden association on the **Min. Aalbersestraat** and the **Le Sage ten Broekstraat**. You can then pick it up there for free.

Supplement to anti-reclame sticker

Recently, leaflet delivery company Spotta has developed an addition to the "No-No" sticker on your mailbox in order to still receive advertising, but only the leaflets that you have chosen yourself. Via the website www.inmijnbus.nl you can indicate from which stores you would like to receive the leaflets. You will not receive the other leaflets from that delivery service. You can also indicate when you temporarily do not want to receive the package, for example during your holiday. This way, the delivery person does have an overview of who is on holiday.....

Leaflets and newspapers from other deliverers are not covered by this website.

If you would prefer not to receive the green (Dutch) newsletter of Wijkcommissie Kerkakkers on paper in your mailbox, please report this to our secretariat. You can download the English-version from our website: all previous newsletters are also available as PDF files (without green background color). You can read it online, but you can also easily download it and print it in A4 format.

Designing the Flower Parade 15 Sept.

On Ascension Day, the designs of the 13 Valkenswaard hamlets were presented again. For our district, these are:



Buurtschap Kerkakkers: “Sól Cultus”
(The Worship of the Sun). Tent: Dr. Schaepmanstr.



Buurtschap Kompas: “De Brabantse aap”
(The Brabant monkey)

Tent: Vasco Da Gamastraat-Dommelseweg

A complete overview of all 13 designs can be viewed on the website www.valkenswaard24.nl

Help Wanted:

All hamlets are looking for extra help with building the parade floats. Not only when "pricking" the flowers, but also when welding the construction on the frame, applying cardboard and tempex, making coffee for the builders, taking care of the website, approaching sponsors, etc. etc. More info in the construction tents.

Caregiver in Valkenswaard?



Valkenswaard has more than 1,100 informal caregivers. People who care for a loved one. Support Center Mantelzorg Verlicht is there to

support informal caregivers in Valkenswaard. The support centre is part of the GGD Brabant Zuidoost and has a lot of experience in informing and supporting informal caregivers.

As a caregiver, you have a lot to deal with and that can raise a lot of questions. How should this be done? Where can I go for help? What's next? Can I handle all this? For all these and similar questions, please contact **Steunpunt Mantelzorg Verlicht Valkenswaard**.

You can easily ask questions by phone, but it is also possible to make an appointment with a caregiver at your home. What exactly is caregiving? It is care that you give to someone close to you for a long time and/or intensively. Especially for housemates, informal care is more than the care you usually give to each other. Informal care is often referred to as providing care to a loved one for at least 8 hours a week, voluntarily and unpaid, for at least 3 consecutive months.

Information and advice:

It is important to find a balance between caring for someone else and your own wishes and needs. Talking about it can help. This can be done individually or in groups. For individual support, please contact:

- GP and care providers you are already familiar with
- Steunpunt Mantelzorg Verlicht, tel. 088-0031168
- National informal care line, tel. 0900-2020 496

Emotional support:

Good support for informal caregivers helps to balance their burden and capacity. Sometimes, as a caregiver, you need a little extra support. This can be done through individual conversations, but also through training and courses. For an individual consultation, you can make an appointment with an informal care consultant from the Steunpunt Mantelzorg Verlicht.

There are also several group meetings that focus on caregivers.

Practical support:

Sometimes it is nice and sometimes it is necessary that there are 'extra' hands to share care. If you're used to caring for someone close to you, it can be a big step to seek outside help. Nevertheless, it can be useful to make use of practical support options. This help is often aimed at the care recipient, but it can also ease the tasks of the informal caregiver. Some help is provided by volunteers, others by paid professionals:

- Household help
- Help with care and nursing
- Transport
- Assistive devices
- Domotica
- Meal provision
- Helping hands

The municipality is responsible for a number of tasks through the Wet Maatschappelijke Ondersteuning (Wmo). This includes household assistance, living facilities, transport facilities and means of transport. If you have any support questions, please contact the Sociaal team of the Gemeente Valkenswaard.

You can also go here with questions about care, welfare and income.

More info on: www.mantelzorg-valkenswaard.nl

If you have any questions or would like support, please call the support centre on telephone 088 003 1168 or send an e-mail to:

info@mantelzorgverlicht.nl

There are also several other forms of support for caregivers. More information about this can be found on the "social map" of the municipality of Valkenswaard via:

<https://socialekaart.valkenswaard.nl>

Maintenance of back alleys



The weeds in the various back paths in our neighborhood are growing rampantly. Many residents keep "their" piece of weed free, but others let what grows grow. In some paths, the weeds are very present. Hereby an appeal to all local residents to help keep our neighborhood tidy and liveable by removing the weeds in

time. If your neighbors are unable to do so themselves, help them as part of neighborly help. In some places it is also possible to replace the weeds with colorful flowers, so that it becomes a lot more beautiful and the bees also have some extra.

Door & Voor Information evenings

Every second Wednesday evening of the month, a free lecture, excursion or workshop is organized "By & For" local residents, in community center De Horizon, Amundsenstraat 5. Start is 8:00 pm. Admission is free, as is coffee and tea.

Agenda Door & Voor evenings

- July **CLOSED** for the Holidays
- August **CLOSED** for the Holidays
- **11 September** evening walk
(Make a note of this in your diary)

Agenda Walk-in centre

Wijkcentrum "in de inloop" Mgr. Zwijzenstraat 4.



While enjoying a free cup of coffee or tea, have a nice chat and/or play games. Will you also come?

EVERY WEDNESDAY morning
always from 10:00 a.m. to 12:00 p.m.,
Also during the holiday period.

Sports at FIT & FUN Club De Stal

Exercising together, exercising together in an accessible way, just close by in the neighborhood!! Now that the municipality no longer makes sports coaches available for the neighborhood, the neighborhood committee has found another organization that wants to help people in the neighborhood to exercise. Accessible, low costs, just in your own immediate environment.

The neighbourhood committee gives FIT&FUN Club de STAL a platform here in the newsletter of Kerkackers. This is to promote your well-being and social cohesion in the neighbourhood. These are important objectives of the ward committee.

What do they have to offer? On Monday morning at 9:00 am. the walk in a group and then exercises are done at everyone's level. It ends with a cup of tea and an energy bar.

On Monday evenings at 7:00 pm the play sports together at 't Mollenveldje, the playground on the Min. Aalbersestraat. Participants will then receive the sports drink beforehand and the energy bar afterwards. They work with a sports card for **10 times € 30.00** where it is 'unlimited' valid and can be used both in the morning and evening. You can also save up for free sports by bringing other people with you.

Just come and give it a try, no shot is always wrong. Participating for the 1st time is always FREE. Have fun moving!! Will you join us? Do you also want to get a little fitter again, do you want to work



on a healthy lifestyle under supervision? It's for all ages, for all local residents. Please register with FIT&FUN Club de STAL, Dommelseweg 148, e-mail: info@fitenfunclub.nl of call Toine on: 06-2256 2245 Also take a look at: fitenfunclub.nl/valkenswaard